



# Results

# The 5Kool Run

A TAVISTOCK Athletic Club Production

## 20 August 2016

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Grade	
						Pos.	Perf.
1	16:13	Jim	Cole	Tavistock AC	Sen M	1	80.88%
2	16:23	Chris	Rimmer	Telford AC	Sen M	2	78.94%
3	18:03	Alan	Ryder	Plymouth Musketeers	Vet 50 M	1	83.01%
4	18:57	Edward	Smart	Tavistock AC	U17 M	1	73.44%
5	19:12	Martin	Exley-Deane	Tavistock AC	Vet 55 M	1	80.73%
6	19:20	Oliver	Smart	Tavistock AC	U15 M	1	75.00%
7	19:37	Alistair	Peers	Tavistock AC	Vet 35 M	1	67.20%
8	19:58	Harry	Roberts	Plymouth Harriers	U17 M	2	68.61%
9	20:13	David	Harris	Tavistock AC	Vet 50 M	2	74.77%
10	21:19	Natasha	Farrington	Tavistock AC	U15 W	1	73.73%
11	21:37	Jason	Shipton	Tavistock AC	Vet 45 M	1	66.08%
12	21:48	Victoria	Moore	Tavistock AC	U17 W	1	70.18%
13	22:00	Peter	Bazley	Tavistock AC	Vet 60 M	1	72.88%
14	22:06	Tracey	Oxborough	Tavistock AC	Vet 50 W	1	77.75%
15	22:17	Wally	Lake	Tavistock AC	Vet 60 M	2	74.57%
16	22:24	Soozie	Trice	Unattached	Vet 40 W	1	68.68%
17	22:44	Roger	Hewitt	Tavistock AC	Vet 60 M	3	73.09%
18	22:58	Harry	Tomlin	Tavistock AC	U13 M	1	64.73%
19	22:59	Jim	Shaw	Launceston RR	Vet 35 M	2	58.09%
20	23:00	Nicole	Heryet	Tavistock AC	Vet 45 W	1	69.06%
21	23:10	William	Walker-Smith	Tavistock AC	Vet 60 M	4	70.43%
22	23:42	Paul	Lawrence	Unattached	Vet 35 M	3	57.17%
23	24:48	Angie	Handforth	South West Veterans AC	Vet 65 W	1	84.27%
24	25:09	Sarah	Hillson	Tavistock AC	Vet 45 W	2	64.41%
25	25:32	Niall	Quinn	Tavistock AC	U13 M	2	59.92%
26	25:34	Philip	Peers	Unattached	Sen M	3	50.59%
27	25:48	Louisa	Shaw	Launceston RR	Vet 35 W	1	57.95%
28	26:10	Steve	Lobb	Unattached	Vet 60 M	5	61.85%
29	26:30	Caren	Spicer	Unattached	Vet 50 W	2	63.27%
30	27:07	Victoria	Haye	Tavistock AC	Vet 45 W	3	61.09%
31	27:52	Samantha	Antolic	Unattached	Vet 40 W	2	55.62%
32	28:53	Richard	Nettleship	Tavistock AC	Vet 45 M	2	49.86%
33	28:56	Ed	Nettleship	Unattached	U17 M	3	47.35%
34	29:27	Helen	de Carles	Unattached	Vet 55 W	1	64.06%
35	29:52	Glenys	Mason	Unattached	Vet 55 W	2	60.60%
36	29:57	Anne	Lake	Unattached	Vet 65 W	2	69.78%
37	30:00	Danielle	James	Tavistock AC	Vet 35 W	2	50.00%
38	30:09	Trevor	Grigg	Tavistock AC	Vet 60 M	6	53.18%
39	30:46	Ian	Jones	Unattached	Vet 65 M	1	54.50%
40	31:16	Lorena	Merrett	Unattached	Vet 65 W	3	65.83%

41	31:24	Emma	Craig	Tavistock AC	Vet 45 W	4	51.06%
42	31:26	Hazel	Walker	Tavistock AC	Vet 45 W	5	50.53%
43	33:04	Marian	Stratton	Tavistock AC	Vet 55 W	3	56.25%
44	36:21	Rachael	Coombes	Unattached	Vet 35 W	3	41.40%
45	36:56	Jane	Elliott	Unattached	Vet 55 W	4	48.38%