

The TAVY 5k

A **TAVISTOCK** Athletic Club Production

Results

16 March 2019

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat Pos.	Age Grade Perf.
1	16:51	John	Cooper	Plymouth Harriers	Vet 35 M	1	78.73%
2	17:27	Charlie	Gibbard	Tavistock Run Project	Sen M	1	76.41%
3	17:48	Alan	Ryder	Plymouth Musketeers	Vet 55 M	1	86.33%
4	18:07	William	Russell	Tavistock AC	U17 M	1	76.82%
5	18:17	Luke	Gibbons	Unattached	Sen M	2	70.65%
6	18:36	Alice	Rogers	Abbey Runners	Sen W	1	79.57%
7	18:51	Paul	Carter	Okehampton RC	Vet 50 M	1	80.81%
8	18:59	Matthew	Teague	Tavistock Run Project	Vet 40 M	1	73.57%
9	19:06	Joe	Dix	Tavistock AC	U17 M	2	72.86%
10	19:23	Rachel	Malthouse	Tavistock Run Project	Vet 35 W	1	77.13%
11	19:33	Lilly	Hawkins	Southampton AC	Sen W	2	75.70%
12	19:55	Hayden	Bond	Okehampton RC	Sen M	3	64.77%
13	20:19	Heather	Scullion	Royal Navy AC	Sen W	3	73.01%
14	21:04	Steve	Russell	Unattached	Vet 40 M	2	66.30%
15	21:24	Graham	Johnson	Unattached	Vet 50 M	2	71.18%
16	21:27	Damian	Dunne	Plymouth Musketeers	Vet 45 W	1	74.05%
17	21:31	Christopher	Peacock	West 4 Harriers	Vet 40 M	3	63.90%
18	21:58	Thomas	Harris	Tavistock AC	U13 M	1	67.68%
19	21:58	David	Harris	Tavistock AC	Vet 55 M	2	69.95%
20	22:15	Bridie	Hawkins	Yeovil Town RRC	Sen W	4	66.52%
21	22:45	Peter	Bazley	Tavistock AC	Vet 60 M	1	72.38%
22	22:48	Tom	Charlesworth	Unattached	Vet 35 M	2	58.99%
23	22:50	Umberto	Begonzini	Tavistock Run Project	Vet 45 M	1	63.07%
24	23:00	Izzy	Johnson	Unattached	U15 W	1	68.33%
25	23:04	Ruby	Lawrence	Unattached	Sen W	5	64.16%
26	23:05	Nicole	Heryet	Tavistock AC	Vet 45 W	2	70.18%
27	23:08	Nick	Lane	Unattached	Sen M	4	56.05%
28	23:10	Richard	Darch	Unattached	Vet 40 M	4	60.29%
29	23:12	George	Barnicott	Unattached	Vet 35 M	3	58.41%
30	23:17	Hannah	Colston	Tavistock AC	Vet 35 W	2	64.42%
31	23:20	Ian	Wonnacott	Unattached	Vet 50 M	3	64.79%
32	23:37	Laura	Rogers	Unattached	Sen W	6	62.67%
33	23:44	Tanya	Argue	Bere Alston Trekkers	Vet 45 W	3	68.96%
34	23:57	Andrew	Martin	Tavistock AC	Vet 50 M	4	63.12%
35	24:07	James	Crossey	Tavistock AC	U13 M	2	61.64%
36	24:08	James	Dart	Unattached	Sen M	5	53.45%
37	24:13	Mark	Brown	Unattached	Vet 40 M	5	56.37%
38	24:45	Emma	Dunne	Plymouth Musketeers	Vet 40 W	1	62.63%
39	25:23	Andy	Hughes	Tavistock AC	Vet 60 M	2	64.28%
40	25:49	Maxim	Smith	Unattached	U13 M	3	59.26%
41	25:55	Clare	Barnaby	Unattached	Vet 40 W	2	59.04%

42	25:59	Karen	McClung	Tavistock Triathlon Club	Vet 50 W	1	67.03%
43	26:09	Kirsty	Jenkins	Unattached	Sen W	7	56.79%
44	26:10	Caren	Spicer	Unattached	Vet 50 W	2	65.67%
45	26:13	George	Barnicott	Plymouth Coasters	Vet 65 M	1	66.50%
46	26:15	Kelly	Hewings	Unattached	Vet 40 W	3	59.05%
47	26:17	Paula	Smerdon	Tavistock AC	Vet 40 W	4	58.53%
48	26:20	Debbie	Ashton	Bere Alston Trekkers	Vet 45 W	4	62.15%
49	26:40	James	Russell	Tavistock AC	U15 M	1	54.38%
50	26:46	Angie	Handforth	South West Veterans AC	Vet 65 W	1	81.82%
51	26:52	Finn	Jordan	Tavistock AC	U15 M	2	53.97%
52	27:02	Geoffrey	Honey	Plymouth Harriers	Vet 65 M	2	64.49%
53	27:15	Trevor	Grigg	Tavistock AC	Vet 60 M	3	60.43%
54	27:41	Daisy	Roberts	Unattached	U15 W	2	57.68%
55	27:42	Bethany	Carty	Tavistock AC	U10 W	1	63.36%
56	27:42	Emma	Carty	Unattached	Vet 45 W	5	57.88%
57	28:18	Robert	Mills-Hicks	Tavistock AC	Vet 50 M	5	52.94%
58	28:35	Grace	Wonnacott	Tavistock AC	U13 W	1	56.97%
59	28:41	Arthur	MacIntyre	Unattached	U10 M	1	62.06%
60	28:41	Ruth	MacIntyre	Tavistock Run Project	Vet 35 W	3	52.30%
61	28:47	Max	Jordan	Unattached	U17 M	3	48.35%
62	28:58	Abby	Bassett	Launceston RR	Sen W	8	51.32%
63	29:22	Geri	Attfield	Unattached	Vet 50 W	3	58.51%
64	29:33	James	Emony	Unattached	Vet 45 M	2	49.13%
65	30:08	Val	Evans	Tavistock AC	Vet 65 W	2	70.41%
66	30:18	Thelma	Turner	Tavistock AC	Vet 65 W	3	67.93%
67	30:20	Jan	Sainsbury	Unattached	Vet 55 W	1	61.32%
68	30:22	Neil	McClung	Tavistock AC	Vet 55 M	3	51.04%
69	30:44	Kate	Brown	Unattached	Vet 35 W	4	49.46%
70	30:54	Helen	Findlay	Unattached	Vet 35 W	5	48.38%
71	30:57	Mike	Wellsbury-Nye	Unattached	Vet 40 M	6	44.43%
72	31:10	Jean	Findlay	Unattached	Vet 65 W	4	66.04%
73	31:27	Lyn	Crawley	Unattached	Vet 55 W	2	59.14%
74	31:28	Wendy	Mannion	Unattached	Vet 50 W	4	56.04%
75	31:28	Gill	Northey	Unattached	Vet 55 W	3	57.52%
76	31:52	Alexandra	Glew	Unattached	Sen W	9	46.44%
77	32:06	Mirianthi	Crossey	Tavistock AC	U10 W	2	56.44%
78	32:06	Mathew	Crossey	Unattached	Vet 45 M	3	44.18%
79	32:22	Stella	Irish	Tavistock AC	Vet 60 W	1	60.81%
80	32:32	Katherine	Anness	Unattached	Vet 35 W	6	46.26%
81	33:08	Norma	Gilbert	Unattached	Vet 65 W	5	63.08%
82	33:08	Karen	Mather	Tavistock AC	Vet 50 W	5	53.22%
83	34:01	Nicola	Butterworth	Unattached	Vet 40 W	5	45.57%
84	34:02	Katie	Russell	Unattached	Vet 40 W	6	44.96%
85	34:06	Anna	McQueen	Unattached	Vet 40 W	7	45.11%
86	34:20	Philliapa	Fordham	Unattached	Vet 35 W	7	43.54%
87	34:36	Ann	Ruddock	Tavistock AC	Vet 55 W	4	51.64%
88	34:51	Darley	Moon	Tavistock AC	U10 W	3	50.36%
89	34:51	Nell	Moon	Unattached	Vet 40 W	8	44.81%

90	34:55	Zara	Emony	Unattached	Vet 45 W	6	47.45%
91	34:57	Gerald	Lipscombe	Unattached	Vet 50 M	6	43.25%
92	35:44	Jo	Wright	Unattached	Vet 55 W	5	50.00%
93	35:53	Sarah	Jones	Unattached	Vet 40 W	9	43.52%
94	36:20	Heather	Webster	Unattached	Vet 65 W	6	59.31%
95	36:20	Liz	Dawe	Unattached	Vet 50 W	6	48.53%
96	38:40	Rachel	Miller	Unattached	Vet 40 W	10	39.78%
97	39:19	Jeanette	Emmett	Unattached	Vet 60 W	2	49.34%
98	39:22	Caroline	Collins	Unattached	Vet 60 W	3	49.28%
99	39:38	Geri	Cousins	Tavistock AC	Vet 50 W	7	42.81%
100	39:44	Jan	Montague	Tavistock AC	Vet 50 W	8	42.20%
101	39:48	Sarah	Burke	Unattached	Vet 45 W	7	40.70%
102	39:49	Sandra	Morgan	Tavistock AC	Vet 50 W	9	43.16%
103	40:02	Lynda	Glover	Unattached	Vet 60 W	4	49.17%
104	40:09	Cheryl	Sweet	Unattached	Vet 60 W	5	47.65%
105	40:17	Bindy	Moody	Unattached	Vet 45 W	8	39.43%
106	40:51	Jane	Bickerley	Unattached	Vet 45 W	9	38.88%
107	40:59	Benjamin	Love	Unattached	Vet 40 M	7	34.08%
108	41:00	Mike	Mrozinski	Unattached	Vet 55 M	4	37.80%
109	41:06	Felicity	Pothecary	Unattached	Vet 65 W	7	50.08%
110	42:06	Paul	Johnson	Unattached	Sen M	6	31.31%
111	42:08	Jenny	Freeman	Unattached	Vet 65 W	8	49.60%
112	42:14	Patricia	Low	Unattached	Vet 65 W	9	50.24%
113	42:42	Jacqui	Gillard	Unattached	Vet 55 W	6	42.39%
114	42:44	Lorena	Merrett	Tavistock AC	Vet 65 W	10	50.43%
115	43:38	Charles Barrie	James	Tavistock AC	Vet 85 M	1	55.69%