



## Results

# The 5Kool Run

A TAVISTOCK Athletic Club Production

## 16 July 2016

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat	Age Grade
						Pos.	Perf.
1	17:10	Alan	Ryder	Plymouth Musketeers	Vet 50 M	1	87.28%
2	18:01	Jacob	Thomas-Hegarty	Unattached	U15 M	1	78.72%
3	18:36	Laurence	Oxborough	Unattached	Sen M	1	69.35%
4	19:25	Shaun	Roberts	Plymouth Harriers	Vet 40 M	1	71.33%
5	19:55	Dan	Luckham	Tavistock AC	U13 M	1	74.64%
6	20:03	Ian	Lamerton	Plymouth Triathlon Club	Vet 45 M	1	72.40%
7	20:29	Joe	Dix	Tavistock AC	U13 M	2	72.58%
8	20:41	Joseph	Chalk	Tavistock AC	Vet 40 M	2	66.96%
9	21:01	Peter	Bazley	Tavistock AC	Vet 60 M	1	76.29%
10	21:06	Jason	Shipton	Tavistock AC	Vet 45 M	2	67.69%
11	21:29	Jennifer	Sabine	Tavistock AC	Sen W	1	69.67%
12	21:44	Tracey	Oxborough	Tavistock AC	Vet 50 W	1	79.06%
13	22:05	Harry	Tomlin	Tavistock AC	U13 M	3	67.32%
14	22:07	Daniel	White	Unattached	Vet 40 M	3	62.17%
15	22:26	Bob	Chapman	Tavistock AC	Vet 65 M	1	77.71%
16	22:27	Simon	Luther	Unattached	Vet 50 M	2	67.85%
17	22:34	Roger	Hewitt	Tavistock AC	Vet 60 M	2	73.63%
18	22:59	Nicole	Heryet	Tavistock AC	Vet 40 W	1	68.46%
19	23:06	William	Walker-Smith	Tavistock AC	Vet 60 M	3	70.06%
20	23:11	Alison	Ross	Unattached	Vet 55 W	1	80.23%
21	23:15	Rebecca	Martin	Unattached	Vet 35 W	1	64.73%
22	23:35	Ralph	Tomlin	Unattached	Vet 50 M	3	62.54%
23	23:43	Paul	Lawrence	Unattached	Vet 35 M	1	57.13%
24	24:02	Angie	Handforth	South West Veterans AC	Vet 65 W	1	86.96%
25	24:49	Sarah	Hillson	Tavistock AC	Vet 45 W	1	65.28%
26	25:06	Ian	Wonnacott	Unattached	Vet 50 M	4	59.23%
27	25:39	Claire	Pitcher	Tavistock AC	Vet 50 W	2	66.99%
28	26:07	Michael	Howgill	Unattached	Vet 45 M	3	55.14%
29	26:29	Matt	Luckham	Bere Alston Trekkers	Vet 40 M	4	52.30%
30	26:31	Glyn	Isaacs	Unattached	Vet 45 M	4	54.75%
31	27:07	Richard	Walker	Unattached	Vet 45 M	5	52.67%
32	27:46	Lisa	Andrews	Unattached	Vet 45 W	2	57.20%
33	28:04	Steve	Lobb	Unattached	Vet 60 M	4	57.66%
34	28:23	Sarah	Holland	Unattached	Vet 40 W	2	54.20%
35	29:18	Sarah	Prior	Tavistock AC	Vet 40 W	3	53.30%
36	29:23	Hazel	Walker	Tavistock AC	Vet 45 W	3	54.06%
37	29:25	Emma	Webber	Unattached	Vet 35 W	2	50.99%
38	29:25	Hazel	Bickley	Bere Alston Trekkers	Vet 40 W	4	53.09%
39	29:28	Cally	Barnes	Bere Alston Trekkers	Vet 45 W	4	55.54%
40	29:37	Becky	Callard	Unattached	Vet 40 W	5	51.66%

41	29:37	Martin	Ellis	Unattached	Vet 35 M	2	44.79%
42	30:32	Helen	de Carles	Unattached	Vet 55 W	2	60.92%
43	30:50	Richard	Cousins	Unattached	Vet 45 M	6	47.46%
44	30:58	Richard	Nettleship	Unattached	Vet 45 M	7	46.50%
45	31:29	Glenys	Mason	Unattached	Vet 55 W	3	57.49%
46	32:17	Susannah	Pratley	Unattached	Vet 55 W	4	55.34%
47	33:01	Danielle	James	Tavistock AC	Vet 35 W	3	45.43%
48	33:11	Jo	Burnett	Unattached	Vet 55 W	5	55.30%
49	33:15	Daniel	Pratley	Unattached	Vet 65 M	2	51.88%
50	34:08	Trevor	Grigg	Tavistock AC	Vet 60 M	5	46.97%
51	34:46	Cathryn	Hutchins	Unattached	Vet 50 W	3	50.10%
52	35:33	Jennifer	Packman	Tavistock AC	Vet 65 W	2	58.79%
53	35:44	Lisa	Isaacs	Unattached	Vet 45 W	5	44.87%
54	38:39	Lisa	Stewart	Tavistock AC	Vet 45 W	6	41.48%
55	40:08	Geri	Cousins	Tavistock AC	Vet 45 W	7	40.78%
56	40:52	Wendy	Wright	Tavistock AC	Vet 50 W	4	43.15%
57	41:02	Monica	Jecha	Unattached	Vet 45 W	8	38.71%