



Results

The 5Kool Run

A TAVISTOCK Athletic Club Production

16 April 2016

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat	Age Grade
						Pos.	Perf.
1	17:06	Chris	Sabine	Cornwall AC	Vet 45 M	1	83.53%
2	17:31	Lucas	Laphorn	Unattached	Sen M	1	73.64%
3	19:10	Stephen	Sincock	Unattached	Vet 55 M	1	80.87%
4	19:25	Ian	Trice	Unattached	Vet 40 M	1	70.82%
5	19:58	Harry	Roberts	Plymouth Harriers	U17 M	1	68.61%
6	20:22	Dominic	Laphorn	Unattached	Sen M	2	63.58%
7	20:23	Simon	Swift	Erme Valley Harriers	Vet 45 M	2	71.22%
8	21:04	Samantha	Lake	Tavistock AC	Vet 35 W	1	71.44%
9	21:37	Peter	Bazley	Tavistock AC	Vet 60 M	1	74.17%
10	21:43	Joseph	Chalk	Unattached	Vet 40 M	2	63.78%
11	21:53	Kathleen	Sincock	South West Road Runners	Vet 50 W	1	76.62%
12	22:11	Caroline	Steven	Tavistock AC	Vet 45 W	1	74.68%
13	22:39	Tracey	Oxborough	Tavistock AC	Vet 50 W	2	75.86%
14	22:51	Bob	Chapman	Tavistock AC	Vet 65 M	1	76.29%
15	22:54	Ralph	Tomlin	Unattached	Vet 50 M	1	64.41%
16	23:03	Helen	Orme	Unattached	Vet 40 W	1	67.25%
17	23:04	Soozie	Trice	Unattached	Vet 40 W	2	66.69%
18	23:19	Roger	Hewitt	Tavistock AC	Vet 60 M	2	70.62%
19	23:26	Lucy	Steven	Tavistock AC	U13 W	1	69.49%
20	23:43	Martin	Head	Bere Alston Trekkers	Vet 45 M	3	61.21%
21	23:43	Harry	Tomlin	Tavistock AC	U13 M	1	62.68%
22	24:01	Katherine	Owen	Unattached	Sen W	1	61.76%
23	24:14	Matt	Luckham	Bere Alston Trekkers	Vet 40 M	3	57.15%
24	25:12	Lucie	Prior	Unattached	U15 W	1	62.37%
25	25:14	Roger	Fredricks	Unattached	Vet 40 M	4	54.10%
26	26:54	Janet	Hopkinson	Tavistock Triathlon Club	Vet 45 W	2	60.84%
27	26:57	Beau	Waycott	Unattached	U15 M	1	52.63%
28	27:13	Richard	Walker	Unattached	Vet 45 M	4	52.48%
29	27:18	Sarah	Holland	Unattached	Vet 40 W	3	56.35%
30	27:23	Sarah	Brown	Unattached	Vet 40 W	4	55.87%
31	27:23	Jennifer	West	Bere Alston Trekkers	Vet 40 W	5	57.03%
32	27:56	Samantha	Antolic	Unattached	Vet 40 W	6	55.49%
33	28:13	Benjamin	Moran	Unattached	U15 M	2	51.39%
34	28:51	Hazel	Walker	Tavistock AC	Vet 40 W	7	54.53%
35	28:55	Mike	O'Boyle	Unattached	Vet 50 M	2	51.41%
36	29:25	Becky	Rankin	Bere Alston Trekkers	Vet 35 W	2	50.99%
37	29:28	Brigid	Campbell	Unattached	Vet 35 W	3	50.90%
38	30:07	Kerry	Pearce	Unattached	Vet 35 W	4	49.81%
39	30:09	Sarah	Prior	Unattached	Vet 40 W	8	51.80%
40	30:17	Kate	Glanville	Bere Alston Trekkers	Vet 50 W	3	57.51%

41	30:51	Joseph	Settingington	Bere Alston Trekkers	U15 M	3	47.00%
42	30:51	Julian	Settingington	Bere Alston Trekkers	Vet 50 M	3	48.19%
43	32:04	Trevor	Grigg	Unattached	Vet 60 M	3	50.00%
44	34:16	Hilary	Head	Bere Alston Trekkers	Vet 50 W	4	50.83%
45	34:16	Kathryn	Guy	Unattached	Vet 40 W	9	45.91%
46	37:41	Donna	Luckham	Bere Alston Trekkers	Vet 45 W	3	42.55%
47	38:03	Tamar	Hearne	Unattached	U15 W	2	41.31%
48	38:03	Stuart	Hearne	Unattached	Vet 40 M	5	36.97%
49	42:43	Geri	Cousins	Unattached	Vet 45 W	4	38.31%