



# The 5Kool Run

A TAVISTOCK Athletic Club Production

## Results

## 15 October 2016

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat	Age Grade
						Pos.	Perf.
1	16:55	Ben	Neale	Tavistock AC	Sen M	1	76.65%
2	17:10	Adam	Holland	Notfast	Sen M	2	75.24%
3	18:00	Alan	Ryder	Plymouth Musketeers	Vet 50 M	1	83.24%
4	18:14	Colin	Bennett	Lewes AC	Vet 50 M	2	80.90%
5	19:03	Oliver	Woodmason	Tavistock AC	U15 M	1	76.12%
6	19:16	Alistair	Peers	Tavistock AC	Vet 35 M	1	68.43%
7	20:38	Dan	Luckham	Tavistock AC	U13 M	1	72.05%
8	21:37	Tilly	McDowell	Tavistock AC	U15 W	1	73.86%
9	21:37	Emma	Ryder	Tavistock AC	Sen W	1	69.93%
10	21:45	Caroline	Steven	Tavistock AC	Vet 45 W	1	76.17%
11	21:56	Tracey	Oxborough	Tavistock AC	Vet 50 W	1	78.34%
12	22:13	Peter	Bazley	Tavistock AC	Vet 60 M	1	72.17%
13	22:15	Soozie	Trice	Unattached	Vet 40 W	1	69.14%
14	22:22	Jonathan	Cowell	Unattached	Vet 40 M	1	61.48%
15	22:26	Catherine	Dunlop	Tavistock AC	Vet 45 W	2	72.96%
16	22:53	Bob	Chapman	Tavistock AC	Vet 65 M	1	76.18%
17	22:57	Nicole	Heryet	Tavistock AC	Vet 45 W	3	69.21%
18	23:28	Lucy	Steven	Tavistock AC	U15 W	2	68.04%
19	23:36	Emma	Crease	Unattached	U13 W	1	69.00%
20	23:36	Paul	Crease	Okehampton RC	Vet 40 M	2	59.60%
21	24:03	Paul	Lawrence	Unattached	Vet 35 M	2	56.34%
22	24:14	Angie	Handforth	South West Veterans AC	Vet 65 W	1	86.24%
23	24:33	Sarah	Hillson	Tavistock AC	Vet 45 W	4	65.99%
24	25:01	Paul	Ginter	Tamar Trotters	Vet 40 M	3	56.23%
25	25:04	Steve	Lobb	Unattached	Vet 60 M	2	64.56%
26	25:51	Glyn	Isaacs	Unattached	Vet 45 M	1	56.16%
27	26:35	Matt	Luckham	Bere Alston Trekkers	Vet 40 M	4	52.54%
28	26:56	Beverly	Sheridan	Lewes AC	Vet 55 W	1	69.06%
29	27:56	Sarah	Holland	Unattached	Vet 40 W	2	55.49%
30	28:53	Natasha	Maloney	Tamar Trotters	Vet 40 W	3	53.66%
31	29:13	Hazel	Bickley	Bere Alston Trekkers	Vet 40 W	4	53.45%
32	29:14	Cally	Barnes	Bere Alston Trekkers	Vet 45 W	5	56.67%
33	29:14	Kerry	Pearce	Tavistock AC	Vet 35 W	1	51.31%
34	29:15	Brigid	Campbell	Unattached	Vet 35 W	2	51.28%
35	30:01	Trevor	Grigg	Tavistock AC	Vet 60 M	3	53.41%
36	30:05	Anne	Lake	Unattached	Vet 65 W	2	69.47%
37	30:20	Louise	O'Neill	Unattached	Vet 50 W	2	57.42%
38	30:30	Lorena	Merrett	Unattached	Vet 65 W	3	67.49%
39	30:44	Kevin	Elliott	Tavistock AC	Vet 55 M	1	50.00%
40	31:26	Richard	Cousins	Unattached	Vet 45 M	2	46.55%

41	32:19	Lisa	Isaacs	Unattached	Vet 45 W	6	49.61%
42	32:22	Marian	Stratton	Tavistock AC	Vet 55 W	2	57.47%
43	32:50	Jennifer	Packman	Tavistock AC	Vet 65 W	4	63.65%
44	35:54	Maggie	Penrose	Unattached	Vet 50 W	3	47.26%
45	35:57	Cathryn	Hutchins	Unattached	Vet 50 W	4	48.45%
46	36:14	David	Gilvear	Erme Valley Harriers	Vet 55 M	2	42.41%
47	36:38	Joanne	Gilvear	Unattached	Vet 45 W	7	44.22%
48	36:45	Lisa	Stewart	Tavistock AC	Vet 45 W	8	43.63%
49	37:02	Rachael	Coombes	Unattached	Vet 35 W	3	40.64%
50	37:35	Wendy	Wright	Tavistock AC	Vet 55 W	3	47.54%
51	39:17	Guy	Mammatt	Tavistock Triathlon Club	Vet 40 M	5	35.26%
52	40:06	Deborah	Mayne	Tavistock AC	Vet 60 W	1	50.54%
53	40:09	Geri	Cousins	Tavistock AC	Vet 45 W	9	41.26%
54	40:16	Ann	Woodhouse	Tavistock AC	Vet 70 W	1	55.30%
55	42:36	Marissa	Cleminson	Unattached	U13 W	2	39.05%
56	42:44	Andrew	Martin	Unattached	Vet 50 M	3	34.79%